

Jennifer Hadley – Favorite Hobby

My favorite hobby is tennis. I actually picked up a racket for the first time about six years ago. I started playing tennis because I wanted to spend more social time with women friends. I found that between the demands on my time from work, home, and staying in shape, my female friendships were going by the wayside. I spend about an hour or more a day working out, but I was running and lifting weights, which are really solitary activities, so I took up tennis because it was a way to still get exercise but spend time with female friends. I now play several times a week before or after work on a couple of different teams. It's a great stress reliever, it's a great way to stay in shape, and I formed wonderful friendships with a lot of amazing women, which is why tennis is my favorite hobby.

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