

Jennifer Hadley - Advice to New Associate / Law Student

The advice I'd give to law students and associates is to learn and practice the habit of effective goal setting. This is a practice that can benefit all aspects of your life, whether they're personal or professional. And by effective goal setting, I mean defining your goals clearly and writing them down, but it's also much more than that. It's actually having a plan on how you're going to get there. A plan involves writing down every single step you can think of on how you're going to get there, but writing it down isn't enough. You have to execute on that plan. Try to take one baby step every single day towards that goal.

If you want to move a mountain, you have to start by moving a couple of shovels of dirt every day. So, whether the goal is to lose 20 pounds or first-chair your first trial, develop a written plan on how you're going to get there and execute on it. That's the advice I'd give to law students or new associates.

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